

Mullberry School Hall 3 Risk Assessment 2015/16

Ocean Youth Connexions

DATE: 2nd December 2015

ASSESSMENT BY: Kamal Ahmed

RISK ASSESSMENT: Taekwondo

TIMES: Saturday 11am-1pm

HAZARD/RISK	WHO IS AT RISK	ACTION REQUIRED
<p>Risk of tripping, Risk of hitting the side panels of the hall Risk of over hitting partners Risk of bullying Risk of energised competitive play turning sour Risk of broken bones, muscle injury, tear and bruising Risk of cuts to the face Risks of arguments and fighting Risk of heart attack, asthma attack, epilepsy, shock Probability is low/serious Hazard is severe</p> <p>Injury to: Staff, participants and visitors Overall risk assessment is low</p> <p>Ensure all sport equipment complies to EN safety standards and is fit for usage</p>	<p>Members and staff</p> <p>Identify special needs. If yes, check if further measures are needed. (E.g. disability or behaviour.</p> <p>Members and staff</p>	<p>Ocean Youth Connexions will provide qualified, registered, insured and DBS cleared instructors and are associated with the British Taekwondo Association</p> <p>Instructors and young people are aware of these issues and attempt to minimise risks following club behaviour policy discussed regularly especially when new people join the sessions,</p> <p>Young people to maintain code of conduct and safe play with good etiquettes any misbehaviour may result in withdrawal from activity a time out or from the rest of the session</p> <p>All novices are inducted to the session and are given beginners training to build up their progression levels.</p> <p>Instructors to ensure that young people understand the importance of warming up and</p>

<p>during the session</p> <p>Ensure the school and Parklesisure has approved usage of the hall for the intended purpose</p> <p>Ensure training mats and surface is fit for usage and report any blood spillage or spoiled area.</p> <p>Ensure in an event of fire staff, young people and visitors know what to do</p> <p>Ensure the hall is not overcrowded with young people, maintain the safe level of training with adequate spacing</p> <p>Ensure a first aid kit is available for use or know where the centres comprehensive first aid supply kit is located</p> <p>Hazard is severe The probability is low/serious.</p> <p>The overall risk assessment is if controlled is low</p>		<p>warming down and supporting others in their technique development.</p> <p>Only allow young people that have the correct clothing Dobok for the sessions or loose tracksuit bottoms and t-shirt, no trousers, shirts or socks allowed and finger nails to be kept short.</p> <p>All jewellery must be taken off before training commences, body piercing and even studded rings</p> <p>Instructors to ensure that a level playing field is maintained by assisting in picking and choosing students to create balanced teams and students are protected when spiring</p> <p>Instructors to ensure that over exertion is not encouraged as it is regarded as physical abuse</p> <p>Ensure play surface area is visually and physically tested and is safe to use throughout the session. If in doubt ask a member Parkwood Leisure staff</p> <p>Maintain a no smoking policy even e-cig</p> <p>Ensure that a qualified first aider is to hand if not then Parkwood Leisure personnel's are contacted immediately to treat injuries and protocols are followed in recording accidents incidents and injuries</p>
--	--	--

		<p>Ensure Instructors monitor behaviour of young people, calm situations and apply discipline to ensure a safe training environment.</p> <p>Supervision is essential throughout the whole session, staff and tutors to go round, assist, advice and understand issues as and when it happens</p> <p>Instructors to monitor training throughout session and diffuse any tensions building up amongst students through one to ones sessions.</p> <p>Ensure adequate insurance is in place and offer participants additional premiums if required to cover personal injury.</p> <p>Instructors need to be vigilant of bullying within students and against opponents in match play and apply time out or exclude individuals from training.</p> <p>Ensure Instructors, young people and visitors are informed of the fire exits, evacuation procedure and the importance of registration.</p> <p>Centre evacuation meeting point are the 5-a-side pitch areas.</p> <p>The equipment must be visually checked by the Instructors before each session ensuring they are safe for usage.</p>
--	--	--

		<p>Ensure only functional equipment is used and any faulty equipment is disposed off.</p> <p>Instructors to ensure a first aid kit is available during the session and that all necessary paper work is to hand regarding individuals</p> <p>Instructors should be aware of young people's medical conditions and dietary needs to deal with situation if it arises.</p> <p>In any injuries, incidents and accidents Instructors are to stop training and attend to those suffering any medical conditions if there are imminent signs showing discomfort, tiredness, heavy breathing, change in colour of skin and seek medical or professional help, attention urgently.</p>
--	--	--

DATE: _____ Name: _____ Position: _____ Signed: _____